Lecture3: Weak-strong uniquenen, relative energy and gradient flow calibration,

Last time we've seen wood solution concepts. The least ingredient to paint the last theorem is the following relative enorgy

$$\begin{aligned}
& \left\{ \left[\chi \right] \right\} := \left[\left[\chi \right] + \int \left[\chi \right] \cdot \nabla \chi \right] \\
&= \int \left[\left(1 - \overline{3} \cdot V \right) | \nabla \chi | \right] \\
&= \int \left[\frac{1}{2} | V - \overline{3}|^{2} | \nabla \chi | + \int \left(1 - |\overline{3}|^{2} \right) | \nabla \chi | \right] \\
&= \int_{\mathbb{R}^{d}} \frac{1}{2} | V - \overline{3}|^{2} | \nabla \chi | + \int_{\mathbb{R}^{d}} \left(1 - |\overline{3}|^{2} \right) | \nabla \chi | \right].
\end{aligned}$$

The has are the following two statements.

Lennel H XEBU ad E>O tre 3 3ECc (Rd) s.t. S[x13] < E.

Lemma 2 If $x_n \to x$ in L' and $E(x_n) \to E(x_n)$ then $E[x_1] \xrightarrow{x_n \to \infty} E[x_1]$ for any $\exists \in C_c^1(\mathbb{R}^d)^d$.

Today, we want to exploit E to grove the uniqueron:

Theorem If $(\Sigma(t)=2l(t))$ is a smooth MCF and χ is a De Groepi set. to MCF on (σ,T) ω /initial data $\chi=\chi_{e_{2}}$ then $\chi(x,t)=\chi_{\Omega_{t}}(x)$ for a.e. $(x,t)\in \mathbb{R}^{d}\times(0,T)$.

The her idea is to use the smoother of I(1) to construct a suitable vector field 3(x,t) S.t.

 $(*) \quad \frac{d}{dt} \mathcal{E}[x|\vec{s}] \lesssim \mathcal{E}[x|\vec{s}],$

This is a lengthy computation — see the arkin under but the idea is very simple, let's first get some intuition from the Static Case.

 $\nabla \cdot \xi = 0$ in \overline{D} " $\xi = \text{Callibration}$ " $\xi = v \text{ on } \Sigma$

 $\int \mathcal{D} \mathcal{D} = 1 \quad \text{in } \overline{\mathcal{D}}$

The ExistE[x] YXW X= 22 an D.

 $\frac{Pf}{x} : E[x] = \int 10x_1 = \int 3.00 |x_2| = -\int 3.00 |x_2| = -$

= \int \chi_{\infty} \cdot \chi_{\infty} \ch

The idea is to construct a dynamic version of a calibration to prove (*). Let's at loust start the countries:

$$\frac{d}{dt} \mathcal{E}[x|\overline{s}] = \frac{d}{dt} \mathcal{E}[x] - \frac{d}{dt} \int_{\mathbb{R}^d} \chi(\overline{v},\overline{s}) dx$$

$$\leq -\frac{1}{2} |v^2| |\nabla x| = (d_{\xi}x, \overline{v},\overline{s})$$

$$-\frac{1}{2} \int_{\mathbb{R}^d} |v^2| |\nabla x| = \int_{\mathbb{R}^d} |v,\overline{s}| |\nabla x|$$

$$\leq \left[\left(-\frac{1}{2} |v^2| + |\overline{v},\overline{s}| \right) |V| \right]$$

$$\leq \int \left(-\frac{1}{2} V^2 + (\nabla \cdot 3)V\right) |\nabla \chi|$$

$$+ \int -\frac{1}{2} H^2 |\nabla \chi|$$

$$+ \int_{t} 3 \cdot v |\nabla \chi|$$

Idea: $\overline{S} = \text{extension of } \mathcal{P}_{Q} = (\text{entoff fet}) \cdot \text{Vsdist}(x, \Sigma_{t})$

Because the Comptation is too loy, we'll prove a simple, but weather, Statement.

Proof: Very idea: Take of = 2diA2(x, Et), and Chow that E = J410x1 satisfies $\frac{d}{dt}\tilde{\xi} \leq C\tilde{\xi}$. S(x,t):= SKA(x, \(\S_{\text{t}}\)) Solves 2 5- Vs=0 on 2 f and of solves · 2 4- 29 = -1 + Cq in a nbld of Ex. $\nabla^2 \varphi \in I$ The we capite <u>d</u> ε ≤ ∫ (-qH²+ H v. Dq + 2μφ) my = \left(-qH^2 - \D\q+ v.\right) \lox |
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\text{\left(-qH^2 - \D\q+ v. $\leq \int C\varphi(\nabla x) = C\tilde{\xi}.$ However, the Letical E does not kjoy good coexcisity properies. In fact, the above growt applies to

any Brakke flow (in place of x) so that the arguent Cannot prove un'queen.

A Letter frations would be $\mathcal{F}[\chi|\chi] := \int_{\mathbb{R}^d} Sdist(\cdot, 2\chi)(\chi - \chi_{\chi}) d\chi$ = [|slia(, 22) | |x-xe|dr *: sdiA(:,251) has to be treated to get a smooth fet - on the has. F[x/2] => X= 22 a.e. in Rd. this fictioned is a grown for the squared L'- distace of super E=2/x=1/ 2632 In this case $2 F = \int \int 2 r dr dx' = \int f^{2}(x') dx',$ just l'ue E, while in this case read $\sum_{k=1}^{\infty} \int_{\omega_{k}}^{\infty} f^{2}(x')dx'.$

Cet's compre $\frac{d}{dt} \mathcal{F}[\chi(sz)(t) = \int_{\mathbb{R}^d} \partial_t sdif(x, Q_{\Sigma}(u)) (\chi - \chi_{\Sigma}) du dx$ + J sdif(x, 200.0) V 177) B = HV $= \int_{\mathbb{R}^{d}} (B \cdot \nabla) s dx A(x, \partial x(u)) (x - x_{u}) dx$ $= \int_{\mathbb{R}^{d}} (B \cdot \nabla) s dx A(x, \partial x(u)) (x - x_{u}) dx$ + C ([sd'87(x,2014)) | 17-20 | dx 1 Solist (x, 20(1)) VIDXI

= Solist (x, 20(1)) (V-B.v) 12x1

Rd

Ca be absoled

+ C F

into dissipation

of E.

 \Rightarrow $\frac{d}{dt}\left(\Sigma+\widetilde{T}\right)\lesssim\Sigma+\widetilde{T}.$